

# Created for GREAT Things

~ Discerning God's Dream for Your Life ~ Week Six

## Pursuing Your Dreams with Tenacity, Energy and a Full Heart!

Luke 14:28-30: Dreamers understand there is a \_\_\_\_\_ for the \_\_\_\_\_ of God and \_\_\_\_\_ for it ahead of time

Tenacious: stubborn, resolute, firm, persistent, insistent, determined, steadfast, unwavering, committed, sticking firmly to any decision, plan or belief without changing or doubting it. Antonym: Lukewarm, uncommitted, wavering, indecisive, vacillating, procrastinating.

### Some areas that will require tenacity

- Know Your \_\_\_\_\_
  - Your limitations won't prevent God from accomplishing \_\_\_\_\_ things through you – BUT pushing ourselves to the point of \_\_\_\_\_ might.
  - *There is such pressure to do everything to its limits, when all you need to do is do everything to \_\_\_\_\_ limit...to the limit God gives inside of you – Sara Frankl*
- Take Care of Your \_\_\_\_\_ - Finishing the \_\_\_\_\_ finish line is connected to how we take care of ourselves \_\_\_\_\_.
  - Your physical condition \_\_\_\_\_ when it comes living a more fulfilled life and to achieve your dreams. However, when we are in the midst of following a passion in our lives, we often grow tired and the \_\_\_\_\_ things to go are usually what could \_\_\_\_\_ make us feel better. When we cut corners in our choices it's our \_\_\_\_\_ state that suffers the most.
  - When it's positive, \_\_\_\_\_ serves as a motivator and pushes us toward growth .
  - \_\_\_\_\_ stress and when we live in chronic stress, saps us of our strength and we end up in survival mode = makes it much harder to hear \_\_\_\_\_ voice, \_\_\_\_\_ those around us, and \_\_\_\_\_ pursue our dreams and plans.
    - Commit to getting from \_\_\_\_\_ to \_\_\_\_\_ hours of \_\_\_\_\_ a night – Learn to sleep in on the \_\_\_\_\_ side of the clock
    - Put a basic plan in place for healthy \_\_\_\_\_ – Keep it simple. The easier you make it the more likely you are to stick with it.
    - Get moving \_\_\_\_\_ times a week – What exercise is most fun (tolerable) to you? If possible, do that three to four times a week.
    - If you find yourself having a tough day, pause and ask Holy Spirit, "What does my \_\_\_\_\_ need right now?"
- \_\_\_\_\_ Your Life - Be intentional to focus on what matters \_\_\_\_\_
  - We all have an emotional bank account. We can make \_\_\_\_\_ and \_\_\_\_\_.

- \_\_\_\_\_ amount of energy and emotion given out is still expenditure whether it's something that brings joy or sorrow.
- The goal isn't to \_\_\_\_\_ stress but to realize that both types of stress cause withdrawals from our emotional and energy accounts.

Make a list of everything that takes valuable resources you will need for your Big Dream.

- Put a minus sign (-) by anything that \_\_\_\_\_ you.
- Put a plus sign (+) by anything that \_\_\_\_\_ to your inner account by bringing you joy.
- Look through the minuses and decide which things have to stay and which ones can be decreased, delegated, or eliminated all-together.
- Look at the items that remain and begin to make plans for dealing with each one.

**Dream \_\_\_\_\_ Help You \_\_\_\_\_ Your Dream** – Genesis 2:18, *It's not good for man to be alone.*

- \_\_\_\_\_ makes the BEST partner
- A \_\_\_\_\_
- An \_\_\_\_\_
- A \_\_\_\_\_ Person
- A \_\_\_\_\_ Section

**Folk You \_\_\_\_\_ Need On Your Team**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

\_\_\_\_\_ **Being So Hard On** \_\_\_\_\_

- More dreams die by \_\_\_\_\_-sabotage or \_\_\_\_\_-inflicted wounds than any other kind!
- Romans 8:31 –
- If \_\_\_\_\_ is for \_\_\_\_\_ – it's time for \_\_\_\_\_ to be too...

**Going Deeper:** Spend some time with Father, Jesus and Holy Spirit this week dialoguing about the scriptures and principles in this lesson. Ask Him to speak to you and record in your journal what you sense Him showing, saying, and highlighting to your heart. Dialogue through these questions as well:

- ~ How is your pace of life right now? We all have one that's optimal. Does it feel like you're below it, above it, or just right? What changes might you need to make?
- ~ What are you doing to take care of your body (sleep, exercise, what you eat)? What's one small way you can do so even more? What does your body need right now?
- ~ Who are your Dream Partners (mentor, encourager, younger person, cheering section)? If you don't have all of these people, it's okay. Just begin asking the Lord to fill in these gaps.
- ~ What are you most critical of yourself about? What does God say the truth is? In other words, what words does He want to replace those words with instead?