

# 4 Keys to Hearing God's Voice

Week Five

**The Benefits of “Two-Way” Journaling – Journaling is a Biblical Method that can help you grow in the discernment of the voice of God in your heart - Key #4:** Recording your prayers and what you sense to be the Lord's answers. Habakkuk 2:2 says, “...And the Lord answered me and said, Write down the vision...” See also Exodus 24:4

➤ **A Common Biblical Experience: Psalms, Revelation, Prophets**

➤ **Builds Spiritual Relationship with the Lord**

- Allow God to do most of the \_\_\_\_\_ –  
**Ecc1 5:1-3** says, “*Watch your step when you enter God's house. Enter to learn. That's far better than mindlessly offering a sacrifice, doing more harm than good. Don't shoot off your mouth, or speak before you think. Don't be too quick to tell God what you think He wants to hear. God's in charge, not you — the less you speak, the better. Over-work makes for restless sleep. Over-talk shows you up as a fool.*” The Message

**James 1:19** – “*My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry...*”

**1 Peter 2:1-3** – “*Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind. Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good*”

- Discover His \_\_\_\_\_ – What are you discovering about His Character?

➤ **Fruitful Results of Journaling Your Prayer Life**

- Frees you to write in \_\_\_\_\_, knowing you can test it later.
- Helps you put \_\_\_\_\_ aside - Gives the brain something to do - Helps sort out His thoughts
- Enables you to receive whole pages, rather than single phrases.
- An accurate reminder of revelation God has given and helps you to \_\_\_\_\_ until it comes to pass (while waiting).
- Stirs you to be \_\_\_\_\_, watchful, patient and focused.
- Teaches you \_\_\_\_\_ between analytical and intuitive natures
- More confidence to walk in the Spirit - New Spirit \_\_\_\_\_ and you're able to make better choices
- Exposes destructive \_\_\_\_\_
- It's an \_\_\_\_\_ bringing you closer to Him!

## Practical Suggestions and Safeguards

- Journal when you are \_\_\_\_\_ and ready. Find your \_\_\_\_\_ time. It takes work, desire, sacrifice.
- Write in a notebook or type on the computer.
- Keep your journal \_\_\_\_\_, and use codes when necessary.
- Grammar and spelling are \_\_\_\_\_ critical when journaling.
- \_\_\_\_\_ all entries.
- Include your communion with God, dreams, visions, interpretations, and images
- Have a good knowledge of the \_\_\_\_\_ as you journal so that God can draw upon that knowledge.
- When you begin to journal, write down the question you have rather than just \_\_\_\_\_ it.
- As you are learning, you may want to journal \_\_\_\_\_.
- Skip a line when you move from God speaking to you speaking, and vice versa.
- Re-read your last \_\_\_\_\_ before you begin your next entry.
- It's good to \_\_\_\_\_ your entire journal when notebook is full and write a brief summary. (Weekly, Monthly, Annually)
- Journal in the area God has given you \_\_\_\_\_ and responsibility.
- Stop asking for specific \_\_\_\_\_ – Usually He says “\_\_\_\_\_” and “\_\_\_\_\_ Me”.

- Testing your journaling for \_\_\_\_\_ - Share your initial journal entries and all MAJOR DECISIONS.
- The point of two-way journaling: To \_\_\_\_\_ the eyes and ears of my heart to \_\_\_\_\_ the Shepherd's voice so that I can \_\_\_\_\_ in His Presence all the times! God's voice is within my heart! How much time am I willing to devote to being trained by the Holy Spirit?
- Remember, Journaling is Only a \_\_\_\_\_!
- Limit your journaling to the categories found in 1 Cor 14:3: Edification; Exhortation; Comfort

### Common Reasons for Mistakes in Journaling

- Improper \_\_\_\_\_
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- Not \_\_\_\_\_ as God Instructs – Be sure to follow through on what the Lord tells you. Silence from Him can be an indication that He's waiting on you to do the last thing He said before He tells you something totally new.
- Improper Spiritual \_\_\_\_\_ – We must have daily spiritual nourishment from the Bread of Life – Jesus - spending time with Him, meditating on the Word, picturing what God has promised as already fulfilled
- Blocking the divine flow by having your sights fixed on a \_\_\_\_\_ number of options
- My advisors may answer too \_\_\_\_\_ without hearing from God
- Some of God's commands in my journal are \_\_\_\_\_ meant to be fulfilled. They are simply positioning moves. Lord, is this for now or later? Remember: Silence from God on a matter is actually Him speaking. Could be He's telling you to wait.
- \_\_\_\_\_ any journaling that speaks of the death of someone of whom you would like to be freed from
- Beware of your own strong \_\_\_\_\_ as you journal

These cover a few of the most common reasons for mistakes in journaling. Accept your errors with grace and laughter and press on, knowing that **practice make perfect** (Heb. 5:14)!

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**HOMEWORK** – Read chapters 9 and 10 - Take at least 10 minutes to journal every day, utilizing the 'Personal Application' on pages 256 and 285 ...